

# A CROOKE SMILE IS ONE SYMPTOM OF STROKE.

Go to [www.mystrokecenter.com](http://www.mystrokecenter.com) to see if you're at risk.

You know it's a leading cause of death and disability, but do you know if stroke could strike you? To learn your risk level for stroke and ways to improve your health, Seven Rivers Regional's nationally recognized stroke program invites you to take our online stroke risk assessment today.



## FACE

Ask the person to smile. Does one side of the face droop?



## ARMS

Ask the person to raise both arms. Does one arm drift downward?



## SPEECH

Ask the person to repeat a simple sentence. Are the words repeated correctly? Or slurred?



## TIME

If the person shows any of these symptoms, call 9-1-1 or get to a hospital immediately. To be most effective, stroke care must begin within three hours of the first symptoms.

**THINK F.A.S.T.**

IF YOU SUSPECT SOMEONE  
IS HAVING A STROKE.

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*Your Life. Our Story.*



**SEVEN RIVERS**  
REGIONAL MEDICAL CENTER

